

Plaats	Naam	tijd	snelheid	tempo	club	LRD	cat	pl in c
1	DE BRUYNE ILONA	00:13:29	14.68	04:05			VSEN	1
2	BERESOLE FENNY	00:13:38	14.52	04:08			VSEN	2
3	PERSOONS KATRIEN	00:13:56	14.21	04:13			V35+	1
4	DE TAEYE JANA	00:14:00	14.14	04:15			VSEN	3
5	PERREMANS KIM	00:14:13	13.93	04:18		Ja	V35+	2
6	BOULANGIER FEMKE	00:14:29	13.67	04:23	Vita		VSEN	4
7	BECOUCK LINDSAY	00:14:45	13.42	04:28			V35+	3
8	VAN WIJMEERSCH ANNA	00:14:55	13.27	04:31			VSEN	5
9	BEUSERIE ELENA	00:14:57	13.24	04:32			VSEN	6
10	ANTHEUNIS ANNA-LOUISE	00:15:05	13.13	04:34			VSEN	7
11	COLMAN SENNA	00:16:33	11.96	05:01			VSEN	8
12	VANDERSTICHELEN MELISSA	00:17:25	11.37	05:17		Ja	VSEN	9
13	VAN STEERTHEM VEERLE	00:17:34	11.27	05:19			V35+	4
14	VAN DER STICHELEN VIKTOR	00:17:40	11.21	05:21			VSEN	10
15	DE LATTE REBECCA	00:18:02	10.98	05:28			V35+	5
16	DE PAEPE JADE	00:19:26	10.19	05:53			VSEN	11
17	VANDECATSEYE JULIETTE	00:19:27	10.18	05:54			VSEN	12
18	VAN DEN BERGHE EMMY	00:19:30	10.15	05:55			V35+	6
19	VAN CRAENNEROECK ELLEN	00:19:42	10.05	05:58			V35+	7
20	VAN MELKEBEKE LOUIZA	00:20:13	9.79	06:08		Ja	VSEN	13
21	EEMAN LAURA	00:20:30	9.66	06:13		Ja	VSEN	14
22	EEMAN SIEN	00:20:33	9.64	06:14		Ja	VSEN	15
23	CHAVATTE AMÉLIE	00:20:36	9.61	06:15		Ja	VSEN	16
24	SCHIETTECATTE LINDA	00:20:44	9.55	06:17	JC Erwetegem		V35+	8
25	DERIEMAEKER ANNE-FLEUR	00:20:48	9.52	06:18			VSEN	17
26	BEKAERT AMÉLIE	00:20:51	9.5	06:19			VSEN	18
27	DE COUVREUR JANNE	00:20:52	9.49	06:19			VSEN	19
28	DE CLERQ CELINE	00:20:55	9.47	06:20		Ja	VSEN	20
29	CAPELLEMAN MARTINE	00:21:12	9.34	06:25		Ja	V35+	9
30	VANDEWALLE STEFFIE	00:21:23	9.26	06:29		Ja	V35+	10
31	ANTHEUNIS INDSE	00:21:32	9.2	06:32			VSEN	21
32	VANDECATSEYE CLÉMENCE	00:21:46	9.1	06:36			VSEN	22
33	EEMAN ELISE	00:21:47	9.09	06:36		Ja	VSEN	23
34	FAIGNAERT STEFANIE	00:22:14	8.91	06:44		Ja	V35+	11
35	DERIEMAEKER DAGMAR JOZEFIEN	00:22:39	8.74	06:52			V35+	12

Plaats	Naam	tijd	snelheid	tempo	club	LRD	cat	pl in c
36	MINNER EVI	00:22:54	8.65	06:56			V35+	13
37	BAEYENS ANNELIES	00:22:55	8.64	06:57			V35+	14
38	VAN DEN BERGHE WENDY MARIE-CH	00:22:56	8.63	06:57			V35+	15
39	BEECKMANS LIESBET	00:23:00	8.61	06:58			V35+	16
40	EEMAN ANN	00:23:06	8.57	07:00		Ja	V35+	17
41	BAYENS LAURENCE	00:23:07	8.57	07:00			V35+	18
42	MERCKAERT KAREN	00:23:13	8.53	07:02		Ja	V35+	19
43	CHAVATTE LYLOU	00:23:16	8.51	07:03		Ja	VSEN	24
44	AERTS LAURE	00:23:23	8.47	07:05			VSEN	25
45	HOERENS SILKE	00:23:24	8.46	07:05			VSEN	26
46	LION SYNTHIA	00:23:34	8.4	07:08			VSEN	27
47	VA DURMEN CHARLOTTE	00:24:54	7.95	07:33		Ja	VSEN	28
48	VAN LIERDE ELINE	00:25:42	7.7	07:47		Ja	VSEN	29
49	DE REGGE FEMKE	00:25:43	7.7	07:48		Ja	V35+	20

Plaats	Naam	tijd	snelheid	tempo	club	LRD	cat	pl in c
1	DE DONCKER RHUNE	00:09:58	19.87	03:01	ACG		MSEN	1
2	GEEROMS JORDY	00:10:01	19.77	03:02			MSEN	2
3	VERSTOCKT WOUTER	00:10:15	19.32	03:06	Zottegem atletiek		MSEN	3
4	THOLLEBEEK SENNE	00:10:35	18.71	03:12			MSEN	4
5	VERSTOCKT TIBO	00:10:42	18.5	03:15			MSEN	5
6	DELVOYE JUDIN	00:10:49	18.31	03:17		Ja	MSEN	6
7	VAN BELLINGEN PIETER ROGER	00:10:55	18.14	03:18			M35+	1
8	STEVENS SANDER	00:11:04	17.89	03:21			MSEN	7
9	THOLLEBEEK SENNE	00:11:29	17.24	03:29			MSEN	8
10	LIEVENS DIETER	00:11:36	17.07	03:31			MSEN	9
11	COPPENS PATRICK	00:12:08	16.32	03:41			M35+	2
12	LENAERTS THIJIS	00:12:17	16.12	03:43			MSEN	10
13	BAUWENS WESLEY	00:13:03	15.17	03:57			M35+	3
14	DE BRAECKENIER LANDER	00:13:45	14.4	04:10			MSEN	11
15	LAFORT KAMIEL	00:13:50	14.31	04:12			MSEN	12
16	VAN DER STICHELEN KIM	00:13:52	14.28	04:12			M35+	4
17	PLUME CHRISTIAN	00:14:27	13.7	04:23			M35+	5
18	VAN DER STICHELEN FALKEN	00:14:36	13.56	04:25			MSEN	13
19	DU PONT THIBE	00:14:56	13.26	04:32		Ja	MSEN	14
20	ANTHEUNIS STIJN	00:15:06	13.11	04:35			M35+	6
21	DE NEVE NIAS	00:15:11	13.04	04:36			MSEN	15
22	WITTOCX YAOUNDÉ NATHANIEL	00:15:48	12.53	04:47			MSEN	16
23	MEERS ANDREAS ETIENNE	00:16:14	12.2	04:55		Ja	MSEN	17
24	DU PONT BART	00:16:51	11.75	05:06		Ja	M35+	7
25	LIEDTS SIEBE	00:17:00	11.65	05:09			MSEN	18
26	VAN HAESVELDE BART	00:17:24	11.38	05:16			MSEN	19
27	DE VULDER LUKAS	00:19:00	10.42	05:45		Ja	MSEN	20
28	FAIGNAERT HENRI	00:19:05	10.38	05:47		Ja	MSEN	21
29	EEMAN STEFAN	00:19:17	10.27	05:51		Ja	M35+	8
30	SOETENS JURGEN	00:19:39	10.08	05:57		Ja	M35+	9
31	WALRAVENS JOREN	00:19:41	10.06	05:58			MSEN	23
32	POLLEFOORT LUCAS	00:19:41	10.06	05:58			MSEN	22
33	PERREMAN FRANÇOIS CAMIEL	00:20:00	9.9	06:04			M35+	10
34	VAN BREUSEGEM FINN	00:20:08	9.83	06:06			MSEN	24
35	VAN BREUSEGEM LEWIS	00:20:09	9.83	06:06			MSEN	25

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36	VAN DAMME DAVY IRENÉ	00:20:31	9.65	06:13		Ja	M35+	11
37	SPELDOORN NICK	00:20:33	9.64	06:14			M35+	12
38	CHAVATTE JEROEN	00:20:35	9.62	06:14			M35+	13
39	SPELDOORN RUBEN	00:20:42	9.57	06:16			MSEN	26
40	POLLEFOORT PASCAL	00:20:58	9.44	06:21			M35+	14
41	LORREZ NIELS	00:21:05	9.39	06:23			MSEN	27
42	ANTHEUNIS JENTL	00:21:29	9.22	06:31			MSEN	28
43	DE SPIEGELEER ERWIN	00:21:58	9.01	06:39			M35+	15
44	VAN DAELE KOEN	00:22:19	8.87	06:46		Ja	M35+	16
45	VAN DE CATSEYE PIETER	00:22:33	8.78	06:50		Ja	M35+	17
46	SCHOUPE LANDER	00:22:40	8.74	06:52			MSEN	29
47	REYGAERT NIM	00:22:40	8.74	06:52			MSEN	30
48	DE VULDER TIERRY	00:22:57	8.63	06:57			M35+	18
49	SCHOUPE DIMITRI	00:22:59	8.61	06:58			M35+	20
50	DE BRUYN WIM	00:22:59	8.61	06:58			M35+	19
51	DELCOUR STIJN	00:23:04	8.58	06:59			M35+	21
52	VAN WIELENDAELE JURGEN	00:23:06	8.57	07:00			M35+	22
53	ANTHEUNIS JO	00:23:09	8.55	07:01			M35+	23
54	EEMAN STIJN	00:23:09	8.55	07:01			M35+	24
55	JACOBS WARRE	00:23:10	8.55	07:01		Ja	MSEN	31
56	LAURENS MARTENS	00:23:13	8.53	07:02			MSEN	32